



LESROOSTER

MAANDAG

09:00 - 09:50	Bodyshape
10:00 - 10:50	Spinning
18:00 - 18:30	FIT30
19:00 - 19:50	Zumba
20:00 - 20:50	Power Pump

DONDERDAG

09:00 - 09:50	Hatha Yoga
10:00 - 10:50	Power Pump
18:00 - 18:50	Military Training
19:00 - 19:50	Spinning

DINSDAG

10:00 - 10:30	FIT30
10:00 - 10:50	Hatha Yoga
19:00 - 19:50	Spinning

VRIJDAG

10:00 - 10:50	Bodyshape
11:00 - 11:50	Pilates

ZATERDAG

09:00 - 09:50	Power Pump
10:00 - 10:50	Boxing Class
10:00 - 10:50	Zumba
11:00 - 11:50	FIT30

WOENSDAG

09:00 - 09:50	Bodyshape
10:00 - 10:50	Spinning
11:00 - 11:50	FIT30
19:30 - 20:20	Zumba
20:30 - 21:20	Balance

ZONDAG

08:45 - 09:35	Spinning
10:00 - 10:30	FIT30
10:00 - 10:50	Zumba
11:00 - 11:50	Yoga